



**Monday, May 15**

1. Co-Occurring Mental Health and Substance Use Disorders

Ashley Grimes, President, NAMI Florida

Panel Discussion to increase awareness about co-occurring mental health and substance use conditions. This panel will bring lived experience, clinical experience, the youth perspective, and the family perspective together, related to co-occurring mental health and substance use disorders. We will promote recovery-friendly language, person-centered care, and recovery-oriented systems of care.

2. Supporting Youth and Young People in Recovery

Anna Reed and Dan Renaud, Florida Recovery Schools

Nearly 135,000 youth qualify for a substance use disorder diagnosis in the state of Florida. This talk will focus on types of recovery capital needed for successful adolescent recovery, what is available in other areas of the country and how can we replicate some of those here in our communities.

A brief overview of recovery resources for adolescents and young adults in recovery. A more in-depth look at recovery high schools and collegiate recovery programs will be provided.

3. Permanent Supportive Housing: The Cornerstone to Addressing Homelessness

Bill Carter, Community Assisted Supported Living

Everyone needs safe and stable housing. For people with mental illness and/or substance use disorders, disabilities, trauma histories, chronic homelessness, and chronic medical conditions, a home provides a safe environment, better access to treatment, and supports to initiate and maintain recovery. Coupled with a housing-first approach, Permanent Supportive Housing is an intervention that combines affordable housing assistance with case management and recovery support services to build independent living and tenancy skills and connect people with community-based health care, treatment, recovery, and employment services.

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1. Rising to the Call; Innovative Partnerships in the Recovery Support Services

John Glover, Specialty Programs Supervisor, South Florida Wellness Network

A look into how RCO's and Peer Specialists are advancing Recovery Support Services by responding with Law Enforcement to support individuals within our community.

2. Diversity Peer Panel, SUD

Savannah Prince, Flagler OARS

A peer panel for substance use and diversity, is a group of individuals who have experience with substance use and are from diverse backgrounds, such as different races, ethnicities, genders, sexual orientations, socioeconomic statuses, and religions. The peer panel serves as a resource for individuals and communities to learn about the impact of substance use on diverse populations and to provide insights into effective strategies for prevention and treatment.

3. Walking With Warriors

Brian Sims, National Director, Project; REBIRTH

A presentation on Warrior peer inclusion. How RCOs can better serve Military Veterans, First Responders and their loved ones.

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1. Innovative Partnerships, How to Get 'em, how to Keep 'em- Panel

Pam Birtolo, Flagler OARS

You ARE the keynote in this presentation. Our band of merry sparklers will spark ideas for you and then, we will all listen to YOU. With twinkles in their eyes, this panel of characters will describe their partnerships to light up your own creative muse. What innovative partnerships does your RCO create or support? What innovations could you implement that you've never considered until today? Let your imagination run wild and crash into your reality in this highly interactive presentation. Come with 2 ideas and leave with 200! Your Sparklers (Panel): Will Atkinson, Recovery Epicenter Foundation and Associate Recovery Communities, Pam Birtolo, Flagler OARS, Karen Chrapek, VRA, Robert Cooper, Zero Hour Life Center.



2. Keeping your Sanity during your Loved Ones Incarceration and Return

Tammy Fisher, Founder, CEO; Inside Out Jail Ministries

Mental health, substance use disorders, and incarceration tend to go hand and hand. Years of juggling family dynamics are more likely the norm. Preparing for an incarcerated loved one's return can make all the difference to a successful transition back into the family. This session examines how simple changes can deter harmful enabling, recognize manipulation tactics, and set boundaries to be prepared for a more positive and saner transition. This session benefits those with incarcerated loved ones and/or those working with family/friends that have incarcerated loved ones.

3. Harm Reduction as Social Justice

Tessa Moody, Rebel Recovery

This presentation is a brief overview of the grassroots harm reduction movement and harm reduction as a philosophy which emphasizes the dignity and wellbeing of PWUD. The presentation will include historical background and examples of harm reduction practices in Palm Beach County. This presentation was developed within the context of qualitative research collected by Tessa Moody from Rebel Recovery's syringe services program FLASH in 2022.

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**Tuesday, May 16**

1. Recovery Ready Communities: Designing and Implementing Data Informed Community-Based Recovery Support Services

Robert Ashford, Unity Recovery

Join Robert Ashford for a discussion on dynamic Recovery Support ecosystems and infrastructure in the modern era.



2. Compassion Fatigue

Dr Beau Nelson, FHE Health

This workshop will focus on Compassion Fatigue and moral injury that we sustain as peers.

3. Bridging the Gap for Returning Citizens: Barriers and Benefits

Christina Mitchell, Rebel Recovery

This presentation will focus on the quantitative and qualitative data that has been collected since Rebel's COSSAP grant inception in 2021. Topics of this presentation will include program overview, barriers for returning citizens (outstanding court fees, job discrimination, housing shortages, etc.) and the benefits of peer supportive services and case management to effect positive outcomes in recovery capital and decreasing recidivism for participants involved.