

MONTHLY MESSAGE

SPECIAL EDITION

September 2025



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Coverage

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Month

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September is National Recovery Month, and Florida is booming with opportunities to connect with your local recovery community!

This year's Recovery Month focuses on the four major dimensions of recovery: health, home, community, and purpose. These are the building blocks that all people need to live healthy, happy, independent lives and to reach their full potential.

NATIONAL RECOVERY MONTH

- Home
- Health
- Community
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Week 1: Health

This week explores key aspects of well-being and their role in recovery.

Key Messages:

- Believe you can recover, and you are halfway there.
- Recovery includes whole health.
- Treatment, recovery support services, and community connections make recovery possible.



Week 2: Home

This week focuses on how safe, stable living environments aid recovery from mental health and substance use challenges.

Key Messages:

- A safe and supportive home strengthens recovery.
- Healing happens when you feel seen and safe at home.
- A stable home supports the recovery process.
- Recovery is a family affair.



Week 3: Community

This week highlights how a sense of belonging can help people on their recovery journey.

Key Messages:

- Building social networks and a sense of community can support recovery. You are not alone, and together we can make a difference.
- Be the voice of recovery—nothing about us, without us. Share your story!
- You have not met all the people who will love you.
- Family, friends, and peers together put the "we" in wellness.



Week 4: Purpose

This week focuses on how a sense of purpose drives positive change and fosters resilience.

Key Messages:

- Be part of other people's recovery journeys.
- Many voices, multiple pathways, one hope. Where there is hope, there is recovery. Everyone can play a role in recovery—what's yours?
- You are worthy of joy. It is closer than you think.
- You are not alone. Building social networks and a sense of community can support recovery.



Updates from FFR

Updates from your Stakeholder Committees

- **Statewide Collaboration & Advocacy Committee:**
 - The Statewide Collaboration and Advocacy Committee's have joined forces to strengthen our impact and ensure the most cohesive strategy moving forward. One of the major action items coming from this committee is the [Florida Recovery Collaboration Survey](#). So far, 18 survey's representing 31 counties have been completed. This survey will help us assess the state of recovery support services throughout Florida, identify gaps, and highlight best practices. Your input is crucial in shaping future strategies for expanding recovery services across the state. Results of this survey will be used to create a comprehensive database of recovery resources, If your RCO has not yet completed this survey, please do so by clicking the link above.
 - Additionally, FFR has been active in other statewide initiatives, including the Behavioral Health Conference, (BHCON) in Orlando, and the Broward County's Roundtable Stakeholder Meeting.
- **RCO Toolkit:**
 - After several months of research and preparation, the RCO Toolkit Committee has finalized THE OFFICIAL RCO TOOLKIT- 1.0. This state specific toolkit includes over 20 customizable templates for emerging RCO's with a focus on the following areas: Non-Profit Basics, Boards and Governance, Standard Operating Documents, Personnel Policies, Standard Program Policies. This toolkit will be made available soon, so stay tuned!
- **Housing:**
 - The Housing Committee continues its work on a powerful video project highlighting the voices and stories of unhoused individuals.
 - Additionally, the committee is launching a brand new initiative; [Florida's Statewide Day of Caring](#). This event is dedicated to supporting those experiencing homelessness, or suffering in silence. The hub of this statewide event will take place on November 8th in Broward County and November 15th in Dade County, with all RCO's across the state encouraged to host their own local event on one of these dates. Our vision is to make this an annual tradition, bringing communities together across the State of Florida to extend compassion, resources, and hope. For more information and to start your own Day of Caring event, please click on the link above.

